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	Autumn Term		Spring Term		Summer Term	
	7 weeks	7 weeks	10 Weeks		5 Weeks	5 Weeks
Foundation	Gym	Dance	Games		Gym/Dance/Games	Gym/Dance/Games
Year 1	Gym/Games/Dance	Dance/Games/Dance	Games		Games/Athletics	Games/Athletics
Year 2	Gym/Games/Dance	Dance/Games/Dance	Games		Games/Athletics	Games/Athletics
Year 3	Invasion Sports 	Gym  Dance 	Swimming  Fitness 	Swimming  Invasion 	S&F  Hockey 	Athletics 
Year 4	Invasion Sports 	Dance  Gym 	Hockey  Rugby 	Dance  BTT 	S&F  Swim 	Athletics  Swim 
Year 5	Hockey  OAA 	Fitness  Foot/Net 	Rugby  Basketball 	Netball  BTT 	S & F 	Athletics 
Year 6	Hockey  OAA 	Dance  Foot/Net 	Rugby  Basketball 	Netball  BTT 	S & F 	Athletics 

Gym= Gymnastics BTT = Badminton, Tennis or Table Tennis OAA= Outdoor Activities S&F = Striking and Fielding (Cricket, Rounders or Softball)

Pupils in all Year groups to have 2 hours of PE a week Pupils in Years 5&6 to do 45mins psychology/physiology at end of each block around that sport